

AAFPRS Fall Meeting

(Preceding the AAO-HNSF Fall Meeting)



Co-chairs: David A.F. Ellis, MD and Minas Constantinides, MD

September 14 - 17, 2006
Toronto, Ontario



TORONTO ... THE MEETING PLACE

Toronto offers its visitors an exciting encounter with its diversity and entertainment. View modern art or reserve tickets for a live show, visit the CN Tower, or even take a sailing trip out in the middle of Lake Ontario! Whatever your desires, you are sure to find it here in Toronto.



In this diverse city, breathe in the culture and feed your soul with every type of art. Visit the Museum of Contemporary Canadian Art filled with young, modern works and discover your favorite new artist. Spend time embracing and being embraced by any music you fancy, whether it is the Toronto Symphony Orchestra or jazz at the Toronto Downtown Jazz festival. After hours, visit bands at local venues such as the Mod Club or the Drake. Also stop to see local or even better known musicians at the Horseshoe Tavern, which has been known for its live music since 1947. Known for theatre, Toronto offers many opportunities for catching live performances such as *The Lord of the Rings* or Blue Man Group. Be sure to give time for Toronto to inspire you.

Visit the world's tallest tower, the famous CN Tower, thirty years old in 2006. This very recognizable work of architecture is conveniently located on Front Street in the middle of the entertainment district of Toronto. Take in the views from the four lookout levels and then have dinner in 360, home of the world's highest wine cellar, where you will have the entire city all around you to feast your eyes on as you dine in style. Before you continue with your day, shop in the Marketplace to purchase souvenirs to bring home for friends and family.

If you want to get away from the hustle of city life, take a romantic tall ship cruise on the ship Kajama, seen on the television show *The Amazing Race*. Book an hour and a half day tour on Lake Ontario and experience the great lake as you might experience a day sailing in the tropics. Have a drink from the bar and take time to relax in the sun. Make your reservations with Toronto Tall Ship Cruises; make it a family affair! Or, take the family just fifteen minutes from downtown to the Beaches. Here, you can take a stroll on the boardwalk, play volleyball, bask in the sun, or visit the many retail stores and restaurants.

If you have a day to spare, but would rather be golfing in sunshine, visit one of the several golf courses in the Toronto area. Dare yourself to tackle Glen Abbey, located in Oakville, or Angus Glen, located in Markham. Both have hosted the Canadian Open. Are you up for the challenge? Want to golf but remain right in town? Head to the driving range at the Docks Entertainment Complex, located downtown.

Book a Niagara Airbus tour for one or many to see the breathtaking Niagara Falls, only an hour away from Toronto. Treat yourself to an airbus trip from the hotel for a five-hour tour of the falls. Have lunch, capture the views, ride on the famous Maid of the Mist, and then explore a little bit on your own.

Be sure to experience the diversity of this wonderful city by way of the multicultural cuisine. Dine surrounded by authentic Canadian artworks at The Canadian Bar & Grill, located downtown. In this restaurant, where the dress is casual, breakfast, lunch, and dinner are served daily, so stop by for a quick meal consisting of traditional Canadian cuisine. Dine in Monsoon, also located downtown, a new Asian restaurant with a Japanese ambience whose design has been recognized and awarded by the James Beard organization. Though consisting of a variety of Asian foods, Monsoon's cuisine has been tailored to suit the desires of those in North America, so indulge your taste buds in this cultural discovery. Feel as though you're in Paris while actually in downtown Toronto at Brasserie Frisco, where you will find both the mix of cuisines found in Paris and also a very large list of reasonably priced wines.



Shop during your breaks for unique items you may not find at home! Downtown, explore the numerous retail shops in BCE place ... connected to Toronto's underground walkway system, the PATH, which must not be missed on your trip to this lovely city!

In Toronto, immerse yourself in the cultural experience of a lifetime. Don't miss the countless opportunities for entertainment and pleasure whether it be getting out and moving, or getting out and relaxing. Find a little bit more of yourself in this wonderful city!

WELCOME REMARKS



Dr. David A.F. Ellis



Dr. Minas Constantinides

Every city has a story and Toronto's is written by the people—in several languages, in poetry, in song, in sidewalk art, in restaurant menus, in architectural blueprints, in scientific discoveries. Toronto is the site of the upcoming AAFPRS Fall Meeting, September 14-17, 2006. It is the hub of the nation's commercial, financial, industrial, and cultural life, and is the capital of the Province of Ontario. Toronto only dates to 1793 when British colonial officials founded the 'Town of York' on what then was the Upper Canadian frontier. That backwoods village grew to become the 'City of Toronto' in 1834, and through its subsequent evolution and expansion Toronto has emerged as one of the most liveable and multicultural urban places in the world today. Toronto means "The Meeting Place."

Here, you will learn the latest in facial plastic surgery: investigators will share their research findings; exhibitors will display their latest products; speakers will enlighten and inspire you with their knowledge, their experience, and their passion for facial plastic surgery. Twenty-eight (28) 50-minute instructions courses and 10 four-hour Intense Learning Sessions offer you a variety of topics to choose from with one universal registration fee.

The Friday evening's Fall Fundraiser is a celebration and everyone is invited to join the fun at the Toronto Hunt Club.

The heart of vibrant downtown is a thriving multicultural mosaic of people and neighborhoods. Toronto isn't just diverse—it's the most diverse city in the world, and that leads Torontonians to look at things a little differently, from the perspective of its hundred cultures. Two transit tokens can take you from one country to another, passing along the way through the quaint neighborhoods that make up its intimate metropolis. It's a place of energy exchange. Toronto is within walking distance of the waterfront, 10,000 hotel rooms, and fine shopping, restaurants and attractions. The city's business, financial, fashion and cultural districts are minutes from the hotel's doorstep.

It is the diverse nature that makes Toronto different from the United States. Find beautiful architecture of the city's settlers alongside modern, sleek, gold-tinted skyscrapers. Bring your passion, find love.

Before you know it, summer will be over and you will find yourself in this "Meeting Place" learning and interacting with your colleagues. The educational sessions of speakers from Europe to South America, to the U.S. and Canada will make your Toronto experience enlightening and give you important information to help give your patients the results they deserve.

Register today and take advantage of the reduced fee. Check the Academy's Web site for updated program information: www.aafprs.org

1

SCHEDULE-AT-A-GLANCE

All AAFPRS committee meetings, scientific sessions, courses, and exhibits will be held at the Sheraton Centre Toronto Hotel.

Wednesday, September 13, 2006

7:00am-5:30pm Committee and Board Meetings

Thursday, September 14, 2006

7:30am-11:45am Scientific Session

10:00am-4:30pm Exhibit Hall Open

11:45am-Noon ABFPRS History Presentation

Noon-12:15pm Research Grants and Awards

12:15pm-1:00pm John Conley Lectureship
Sander Gilman, PhD

1:00pm-2:00pm Lunch in the Exhibit Hall
Women in Facial Plastic Surgery

2:00pm-2:50pm Paper Presentations

2:00pm-6:20pm Instruction Courses 1-28

7:00pm-8:00pm Welcome Reception in the Exhibit Hall

8:00pm-11:00pm Past Presidents' Dinner (off-site)

Friday, September 15, 2006

6:00am-7:00am Sponsored Breakfast Symposium
(Medicis Aesthetics)

7:00am-8:00am Business Meeting and Elections

8:00am-11:45am Scientific Session

10:00am-4:30pm Exhibits Open

11:45am-1:00pm Jack Anderson Lectureship
Greg Ruff, MD

1:00pm-2:00pm Lunch in the Exhibit Hall
Sponsored Breakout Lunch
(Rhytec, Inc.)
Young Physician Session

2:00pm-6:30pm Intense Learning Sessions 1-5

7:30pm-11:00pm Fall Fundraiser (off-site)

Saturday, September 16, 2006

6:30am-7:30am Sponsored Breakfast Symposium
(BioForm Medical, Inc.)

7:30am-5:30pm AO-ASIF Craniofacial Workshop

7:30am-12:45am Scientific Session

10:00am-4:00pm Exhibit Hall Open

12:45pm-2:00pm Lunch in the Exhibit Hall

1:00pm-2:00pm Fellowship Directors Luncheon

2:00pm-6:30pm Intense Learning Sessions 6-10

Sunday, September 17, 2006

7:30am-1:00pm Essentials in Facial Plastic Surgery

7:45am-1:00pm Scientific Session

TARGET AUDIENCE

The Fall Meeting of the AAFPRS Foundation is offered for continuing medical education of medical students, residents, fellows, and practicing physicians (MDs and DOs) in the field of facial plastic and reconstructive surgery. The program is for physicians with all levels of experience and covers aesthetic, reconstructive, and congenital issues relevant to this specialty.

LEARNING OBJECTIVES

The AAFPRS Foundation and CME Committee work to formulate a program that is contemporary, unbiased, and relevant. Participants should be able to:

- learn about surgical procedures, both traditional and new, including techniques and complications management
- adopt strategies on evaluating new technology and devices
- develop an appreciation of the evolving face and standards of beauty
- choose focused learning sessions and instruction courses on topics of most value to individuals
- understand controversial beliefs and integrate this into personal decision making

ACCREDITATION AND CREDIT DESIGNATION

The Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. The AAFPRS Foundation designates this CME activity for up to 30.5 credits in Category 1 of the Physician's Recognition Award of the American Medical Association. (CME credit hours are based on the preliminary program and are subject to change.)

NEEDS STATEMENT

Review of current literature shows that new advances and technologies are entering the arena of facial plastic surgery at a staggering rate. To provide optimal patient care, the surgeon must be able to judge these new options and weigh them against more time-honored approaches. This program is designed to address that need.

Disclaimer

Registrants for this course understand that medical and scientific knowledge is constantly evolving and that the views and techniques of the instructors are their own and may reflect innovations and opinions not universally shared. The views and techniques of the instructors are not necessarily those of the Academy or its Foundation but are presented in this forum to advance scientific and medical education. Registrants waive any claim against the Academy or its Foundation arising out of information presented in this course. Registrants also understand that operating rooms and health-care facilities present inherent dangers. Registrants waive any claim against the Academy or Foundation for injury or other damage resulting in any way from course participation.

This educational program is not designed for certification purposes. Neither the AAFPRS nor its Foundation provides certification of proficiency for those attending.

INVITED SPEAKERS

John Conley Lectureship

Sander Gilman, PhD

Dr. Gilman, internationally renowned scholar of German, Jewish studies, and the cultural study of medicine, was named University of Chicago's (UIC) first University Professor. Gilman is author of many books, including *Seeing the Insane*, *The Jew's Body*, and *Making the Body Beautiful: A Cultural History of Aesthetic Surgery*. He holds appointments at UIC in the colleges of Medicine, Liberal Arts and Sciences, and Architecture and the Arts.

As a University Professor, Gilman fosters collaborative work across the disciplines and professions at UIC through the Humanities Lab (UICHL). The Lab, as Gilman describes it, "promotes collaborative models of research in the Humanities within a flexible trans-departmental framework, creates new opportunities for doctoral and post-doctoral education, and promotes interaction between the production of cutting-edge humanistic research and local cultural institutions industry, and the arts community ... UICHL's broader (and immodest) aim is to initiate revolution in the way in which knowledge is produced and presented in the Humanities."

Part of Gilman's appointment in the College of Medicine resides in the Department of Medical Education, where he maintains a regular office and participates in the teaching and other programs of the Medical Humanities Program. His teaching focuses on current and ongoing areas of his research, most particularly the cultural dimensions of physical stigma, aesthetic surgery, and obesity.

Jack Anderson Lectureship

Greg Ruff, MD

After receiving his undergraduate and medical degrees at the University of Michigan, Dr. Ruff spent his residency in general surgery at St. Joseph Mercy Hospital in Ann Arbor. He followed this with a three-year residency in plastic surgery at Duke University and was asked to join the faculty. Following a year at NYU, completing a craniofacial fellowship, he returned to Durham.

At Duke, Dr. Ruff established the Craniomaxillofacial Trauma Service and was director of the Cleft Palate Board. He taught for 16 years and described innovative craniofacial procedures. He also published and lectured extensively on maxillofacial and craniofacial surgery during that time. In the early 1990s, Dr. Ruff invented barbed sutures, now named Contour Threads, which are sutures that are used for lifting facial tissue in a procedure that is now called the Contour Lift.

Dr. Ruff will be presenting clinical data and outcomes on this innovative procedure.

3
PROGRAM

Thursday, September 14, 2006

7:30am Welcome and Announcements
David A.F. Ellis, MD and Minas
Constantinides, MD

7:45am-8:45am **Panel: Ethnic Rhinoplasty**
Moderator: Roxana Cobo, MD
Panelists: Minas Constantinides, MD (Mediterranean Rhinoplasty); Fred J. Stucker, MD (African American Rhinoplasty); Joseph K. Wong, MD (Asian Rhinoplasty); and Roxana Cobo, MD (Mestizo Rhinoplasty)
Rhinoplasty is one of the most popular and frequently performed aesthetic surgical procedures, not only in the USA, but in all other countries worldwide. More and more, people from different ethnic groups want to reshape their nose into what they consider to be more attractive. No special surgical technique exists that can be standardized for ethnic noses. The role of the surgeon is to have a clear understanding of the patient's ethnic background, understand what the patient really wants and have an array of different surgical options with their own limitations and complications that can help the patient reach a realistic goal in surgery. The panelists will be showing the most reliable techniques they use for different ethnic groups: African-American, Mediterranean, Mestizo, and Asian. Cases will be shown and discussed.

9:00am-9:20am **The Evolution of Rhinoplasty:
Confluence of Open versus Closed
Debate**
Vito C. Quatela, MD and Geoffrey W. Tobias, MD

9:20am-10:00am **Panel: Controversies in Rhinoplasty**
Vito C. Quatela, MD and Geoffrey W. Tobias, MD

10:00am-10:45am **Break in the Exhibit Hall**

The Fall Meeting 2006 is made possible by the generous support of our sponsors:

GOLD LEVEL
BioForm Medical, Inc.

SILVER PLUS LEVEL
Medicis Aesthetics

BRONZE LEVEL
Rhytec, Inc.

COPPER LEVEL
Inamed
LifeStyle Lift™

10:45am-11:45am **Panel: Complications in Rhinoplasty**
Moderator: Ted A. Cook, MD
Panelists: David A.F. Ellis, MD; Gilbert Nolst Trenité, MD; and J. Regan Thomas, MD
This panel session will feature a broadly interactive discussion between the very experienced rhinoplasty surgeon panel members on the multiple complications which may be encountered in Rhinoplasty Surgery. The panelists will be presented with a list of potential complications and will respond with both ways of avoiding the potential complication and means of treating the complication should it occur. Audience interaction will be encouraged.

11:45am-Noon History of the ABFPRS
Presenter: Robert L. Simons, MD

Noon-12:15pm Research Awards/Grants

12:15pm-1:00pm **John Conley Lecture**
Sander Gilman, PhD

1:00pm-2:00pm **Lunch in Exhibit Hall**

1:00pm-2:00pm Breakout Luncheons

2:00pm-2:50pm **Paper Presentation Sessions 1-4**

2:00pm-2:50pm **Instruction Courses (IC 1-4)**

IC 1 "Masking" Patients
William E. Silver, MD and Stanley Jacobs, MD

IC 2 Rhinoplasty, Portraiture and Art
Gillian Dunlop, MD
Course Description: Portrait artists and rhinoplasty surgeons are linked by their close observation of the nose and efforts to improve the person's appearance. An overview will be given of portraiture through the ages focusing on the nose. Learning Objective: Upon completion of this course, the participant will have an improved understanding of portraiture and its relationship to rhinoplasty.

IC 3 Conducting Clinical Research for Industry
David B. Hom, MD; John S. Rhee, MD, MPH; and Corey S. Mass, MD
Course Description: This course will provide an introduction to: how to approach and interact with industry in conducting trials in facial plastic surgery; various clinical outcome measures – patient centered, observer rated, and other objective testing; basic study design principles as they relate to clinical studies and evidence-based medicine; and the importance of evidence based medicine and performing research with industry in facial plastic surgery. Learning Objective: Upon completion of this course, the participant should be able to understand and discuss the introductory aspects of conducting clinical research for industry.

IC 4 Homeopathy for the Facial Plastic Surgeon

Ronald Boyer, MD

Course Description: This course will provide a brief description of homeopathic therapeutics; the most frequently prescribed homeopathic medicines for facial plastic surgeons, their indications and dosage.

Learning Objective: At the conclusion of this course, the participant should have an improved understanding of homeopathic medicine as it relates to facial plastic surgery.

3:00pm-3:50pm Instruction Courses (IC 5-12)**IC 5 Complementary Fat Grafting**

Mark J. Glasgold, MD; Robert A. Glasgold, MD; and Samuel M. Lam, MD

Course Description: Complementary Fat Grafting will review the placement of the volumetric foundation of fat grafting which can be applied to almost any aging face. Precise placement and volumes will be shown with emphasis on incorporating fat grafting into existing facelift and blepharoplasty techniques. Advanced refinements to the volumetric foundation will be presented and there will be a discussion of special considerations of fat grafting in the Asian face. 3-D imaging will be used to demonstrate facial analysis and results.

Learning Objective: Upon completion of this course, the participant should be able to: 1) understand the placement of fat grafting to increase volume; and 2) discuss incorporation of fat grafting into existing surgical techniques.

IC 6 Internet and Marketing in Facial Plastic Surgery

Daniel G. Becker, MD

Course Description: The Internet has become an important avenue for facial plastic surgeons to make potential patients aware of their practice. Today, it is only the occasional facial plastic surgical practice that does not have a Web site. It is important for the facial plastic surgeon to understand how the Internet is used by patients, and how it can complement a physician's practice. Search Engine Optimization will be discussed. Internet chat rooms will be discussed. The author has a long experience with Internet Web sites, and draws on this experience to illustrate the role of the Internet in a Facial Plastic Surgery practice.

Learning Objectives: Upon completion of this course, the participant should: 1) have a clear understanding of the Web site content – text and photographs – that is necessary to optimize their message; 2) clearly understand the choices available for achieving ideal exposure of their Web site on the Internet; 3) be well-equipped to make choices that are best for their practice; and 4) have a better understanding of the medico legal considerations associated with practice Web sites.

IC 7 The Asymmetric and Traumatic Nose

William E. Silver, MD

IC 8 Advanced Nasal Tip Techniques in Closed Rhinoplasty

Carlos Pedroza, MD

IC 9 Rehabilitation of the Paralyzed Face

Mark K. Wax, MD; Kris Moe, MD; and Jason Kim, MD

Course Description: This course will focus on the management of the patient with a facial nerve paralysis. The devastating consequences of this process will be discussed. Management of all aspects of the paralyzed face from nerve grafting to brow elevation to eyelid, upper and lower, and finally the nasal valve with facial suspension will be covered in a case oriented fashion.

Learning Objectives: Upon completion of this course, the participants should be able to: 1) understand the functional and cosmetic consequences of facial paralysis; and 2) discuss current techniques in the management of patients with facial paralysis

IC 10 Orthognathic Surgery for the Facial Plastic Surgeon

Sherard A. Tatum, MD

Course Description: Facial plastic surgery has long provided patients with reconstructive and cosmetic improvement in soft tissue problems. Traditionally, other specialties have dealt with facial skeletal problems, particularly those involving malocclusion. As more facial skeletal surgeons are performing facial soft tissue surgery, these traditional roles are blurring. It is in the best interest of the patients and facial plastic surgeons to have knowledge of options for facial skeletal surgery when it is indicated. Those surgeons offering both soft tissue and skeletal options have an advantage in the competitive facial plastic surgery market. This course will provide an overview of orthognathic surgery options, indications, and steps of performance. The participant should develop a better understanding of what can be accomplished and what additional skills are necessary with orthognathic surgery.

Learning Objectives: Upon completion of this course, the participant should be able to: 1) understand what changes can be accomplished by orthognathic surgery; and 2) learn the indications, risks, and major steps of orthognathic surgery.

IC 11 Revision Rhinoplasty

Richard E. Davis, MD

Course Description: This instructional course will explore the various challenges of revision rhinoplasty. Pre-operative analysis of the previously operated nose, patient counseling, and surgical strategy for successful reconstruction will be emphasized.

Learning Objectives: Upon completion of this course, the participant should be able to understand: 1) the anatomic deformities typical of the previously operated nose; and 2) effective strategies for surgical restoration of the previously operated nose.

IC 12 Asian Blepharoplasty

Jeffrey M. Ahn, MD and Joseph K. Wong, MD

Course Description: This instructional course is to demonstrate the basic techniques of the very common and unique operation of upper blepharoplasty in Asian patients. Learning objectives: Upon completion of this course, the participant should be able to: 1) understand the anatomy, indications and various techniques of the procedure; and 2) manage potential complications.

3:50pm-4:30pm **Break in the Exhibit Hall**

4:30pm-5:20pm **Instruction Courses (IC 13-20)**

IC 13 Reconstruction of Small and Medium Facial Defects

Michael Godin, MD

Course Description: This course presents a systematic method for the facial plastic surgeon to approach the overwhelming majority of facial defects that he or she will see in practice. A system for defect evaluation and repair planning is described in detail, and a large number of practical examples are given. Emphasis is also placed on care of the wound after reconstruction to help achieve an optimal result.

Learning Objectives: Upon completion of this course, the participant should be able to understand: 1) a systematic method for evaluating defects caused by facial skin cancer removal; and 2) the important factors in choosing a repair, executing it, and protecting the result.

IC 14 Revision Rhytidectomy

Neil A. Gordon, MD

Course Description: This course will define both the anatomical and cosmetic issues common in patients seeking secondary or revision rhytidectomy. Revision rhytidectomy patients present as either having a past positive experience and desire further rejuvenation or a negative experience and want their subjective deficiencies eliminated. Defining appropriate patient types and matching a surgeon's technique with a specific clinical scenario will be discussed in this course. Surgical anatomy and technique options as well as avoiding surgical pitfalls in these revision cases will be emphasized. Learning Objectives: Upon completion of this course, the participant will: 1) better understand the anatomical and cosmetic issues common in secondary or revision rhytidectomy patients; and 2) better understand technique options and how to avoid complications.

IC 15 Patient Selection and Management of the Dissatisfied Patient

Peter A. Adamson, MD

Course Description: This course will discuss in detail the complex physical, psychological and philosophical components of selecting appropriate patients for facial plastic surgery. It will emphasize the importance of identifying patient expectations and warning signs to alert the surgeon to potentially dissatisfied patients. Ways to increase patient satisfaction are described. Every surgeon, unfortunately, will

have some dissatisfied patients in their career. General principals and specific actions that help resolve this situation are discussed. Case presentations illustrate the challenges such patients can pose. The importance of recognizing these issues and managing them appropriately is stressed. Practical advice is given so as to minimize the negative impact such patients can have on both the practice and the surgeon's professional life. Attendees will be encouraged to relate personal anecdotes for illustration, comment or question and answer.

Learning Objectives: Upon completion of this course, the participant should be able to: 1) understand the numerous goals that must be achieved to satisfy the facial plastic surgery patient; 2) learn to differentiate the acceptable from the non-acceptable candidate to minimize the risk of having a dissatisfied patient; and 3) appreciate the complex factors affecting patient dissatisfaction and learn specific management techniques that can be applied to resolve their issues and protect the practice.

IC 16 Advances in Functional Rhinoplasty

Minas Constantinides, MD and David W. Kim, MD

Course Description: The recent advances in functional surgery of the nose will be fully reviewed, with an emphasis on the interplay between function and esthetics. The dorsal nasal septum, upper lateral cartilages, and lower lateral cartilages and their impact on nasal deformity and obstruction will be reviewed. Rebuilding strong internal and external nasal valves, and the subtleties and complexities involved will be illustrated with intraoperative video and numerous patient examples.

Learning Objectives: Upon completion of this course, the participant should be able to: 1) identify sources of nasal obstruction and their surgical correction; 2) be able to immediately incorporate into clinical practice new ways to improve nasal obstruction.

IC 17 Developing Cosmeceuticals

James C. Alex, MD

IC 18 Medical Skin Care: Overview with 20 Years Experience – A Practical Hands-On Course

Sigmund L. Sattenspiel, MD and Candy Langan Sattenspiel, RN

Course Description: Medical Skin Care offers an indispensable addition to the armamentarium of the facial plastic surgical practice. As forerunners in this field, the program takes a look at how and when it began, the initial skepticisms, the benefits and the gimmicks. Emphasis is placed on the advantages of enhancing the surgical practice through an effective medical skin care program. This course compares peeling agents, lightening agents and other adjunctive techniques as a part of an in office skin care program and shows how it can and should be added to any practice. A practical how-to-do-it format will guide each participant through the entire peeling and maintenance process. Comprehensive didactic discussion is enhanced and illustrated with the use of DVD presentation and live demonstrations. Most important, each participant will have the opportunity to learn and practice the step-by-step process of the peeling procedure using simulated face models and peeling substances.

A patient management protocol including follow-up care, clinical skin care, management of aging skin, actinic changes, acne vulgaris, psoriasis and treatment of pigmentation problems are outlined. There will be a full discussion of problem cases as well as management of patient questions. Results of a 20 year patient satisfaction study will be presented. Guidelines for pre and post laser skin care are offered. This course teaches the clinical methodology of medical skin care techniques, the means of incorporating a skin care program into a surgical practice and the ways in which it can be used to enhance the surgical caseload. Full detailed handouts along with a 25 minute DVD will be presented to each participant.

Learning Objectives: Upon completion of this course, the facial plastic surgeon should have acquired substantial knowledge of: 1) the practical aspects of medical skin care including but not limited to superficial skin resurfacing with glycolic acid, peeling procedures and maintenance; 2) how to incorporate this therapeutic methodology into clinical practice.

IC 19 Central Midface Trauma: Controversies and Management

John L. Frodel, Jr, MD

Course Description: Management of bony and soft tissue injuries to the central midface are often complex. Mismanagement can lead to a myriad of deformities that can be extremely difficult to correct in the secondary setting. The diagnosis and management of specific injuries to the midfacial region will be discussed in this course, including complex naso-orbital-ethmoidal (NOE), orbital, nasal, and maxillary fractures. An emphasis will be placed on proper diagnosis (especially in respect to avoiding missed diagnoses) and aggressive primary management of these injuries.

Learning Objectives: Upon completion of this course, the participant should: 1) be able to recognize and diagnose fractures to the NOE, nasomaxillary, and orbital region and determine the degree of complexity of each component of these fractures; and 2) feel comfortable in treating NOE, nasomaxillary, and orbital fracture combinations such that secondary deformities are limited.

IC 20 Diagnoses and Management of Cleft Lip Deformities

Jonathan M. Sykes, MD

Course Description: The evaluation and treatment of patients with congenital cleft deformities is a challenging task.

Comprehensive care of the cleft patient necessitates multidisciplinary team approach. This course outlines the pathophysiologic physiology and anatomy of cleft deformities. It gives a detailed description of the timing, technique and management of patients with clefts.

Learning Objectives: Upon completion of this course, the participant will be able to: 1) understand pathophysiology, incidence, and genetics of cleft deformities; and 2) outline a detailed treatment plan including the technique and timing of various cleft repairs.

IC 21 Concurrent Rhinoplasty and FESS

Michael Setzen, MD and Daniel G. Becker, MD

Course Description: When appropriate guidelines are followed, rhinoplasty and endoscopic sinus surgery can be performed concurrently. While some surgeons perform both procedures commonly, many specialists have a primary expertise in one or the other. Recent advances in functional and cosmetic rhinoplasty and in the medical and surgical management of sinus disease are of significance to all physicians treating these patients. Pre-operative evaluation of the rhinoplasty patient will be reviewed as well as the diagnosis and treatment of medical conditions causing nasal obstruction. We will discuss the important physical findings when considering surgical intervention for nasal obstruction, including chronic sinusitis, deviated septum, turbinate hypertrophy, concha bullosa, internal and external valve collapse. The critical importance of nasal endoscopy for complete evaluation of nasal obstruction and indications for CT Sinus will be discussed. Special considerations in concurrent sinus surgery and rhinoplasty will be discussed with particular emphasis on the logistical order in which procedures will be done. We will discuss the indications for the combined approach and review recent technical advances, such as endoscopic septoplasty, and advances in instrumentation including powered instrumentation and image guidance.

Learning Objective: Upon completion of this course, the participant will be able to: 1) discuss options for sinus surgery concurrent with rhinoplasty; and 2) have an improved understanding of recent technical advances including endoscopic septoplasty and advances in powered instrumentation.

IC 22 Septal Perforation Repairs

Moderator: Edmund Pribitkin, MD

Panelists: Russell W.H. Kridel, MD and Thomas Romo, III, MD

Course Description: This course will be presented in a panel format.

Learning Objectives: Upon completion of this course, participants will be able to: 1) perform a proper diagnostic evaluation for nasal septal perforations; 2) describe appropriate techniques for closure of perforations less than 2 cm in size, 2-4cm in size and greater than 4cm in size; and 3) discuss the selection of interposition materials for the closure of nasal septal perforations and will be able to treat potential complications of perforation repair.

**Check the AAFPRS Web site for updates:
www.aafprs.org**

IC 23 New Concepts in Nasal Tip Contouring

Dean M. Toriumi, MD.

Course Description: This course will discuss new concepts in nasal tip contouring. One of the primary objectives in rhinoplasty is to narrow the nasal tip. Unfortunately, narrowing the nasal tip can create tip deformity. This new concept in tip contouring is based on eliminating unfavorable shadows in the tip and replacing them with favorable shadows creating a natural appearing nasal tip. Methods of stabilizing the nasal base, dome suturing, tip grafting, and alar rim grafts will be discussed. Patient photographs, intraoperative video and pertinent clinical case presentations will be used to illustrate the concepts.

Learning Objectives: Upon completion of this course, the panelist should be more familiar with: 1) the concept of favorable shadowing and natural contours in the nasal tip; and 2) structural grafting used to create favorable nasal tip contours.

IC 24 Liquid Silicone for Facial Scars and Defects

Jay G. Barnett, MD

Course Description: The applications and uses of medical-grade liquid silicone will be reviewed for improving facial scars, deformities and defects. An experience of over 30 years will demonstrate the varied uses of various formulations of liquid silicone and their applicability to today's facial plastic surgery patient.

Learning Objective: Upon completion of this course, the participant will have an understanding of applications and uses of medical-grade liquid silicone for improving facial scars, deformities and defects.

IC 25 Cephalometrics and Skeletal Surgery Made Easy

Edward W. Chang, MD

Course Description: The goals of this instructional course are to outline, in a simplistic manner, the process of completing cephalometric tracings and measurements, as well as reviewing bony surgical techniques used in esthetic surgery and functional sleep apnea surgery. The cephalometric evaluation will include measurements of sella-nasion-subspinale A-point of the maxilla (S-N-A) and sella-nasion-supramentale B-point of the mandible (S-N-B) angles to provide information on the sagittal relationship between the anterior skull base and the maxilla and mandible, respectively. Review of additional bony and soft tissue points will be done. Skeletal procedures will be reviewed utilizing PowerPoint presentations and video clips.

Learning Objectives: Upon completion of this course, the participant will: 1) have an understanding of facial contour techniques used in esthetic surgery; 2) be familiar with skeletal surgeries used in sleep apnea and facial esthetic contouring; 3) understand a simplistic method of analysis, including cephalometric measurements.

IC 26 Rethinking Aging Face Surgery and Improving Your Technique

Philip J. Miller, MD

Course Description: Are excellent results simply the result of perfectly executed surgery? How can you use new ideas, techniques, tools and trends to improve your results? In this course, we will explore methods you can use to get better results and establish a foundation to help all of us excel at facial-aging surgery. To do this, we will study a unique proposal of the facial-aging process and apply our aesthetic palette to it. Attendee participation is encouraged.

Learning Objectives: Upon completion of this course, the participant will: 1) become familiar with the latest ideas in the pathophysiology of facial aging and their implications on surgical and non-surgical treatments; and 2) understand new models of facial aging and their specific roles in facial-aging surgery.

IC 27 Aesthetic Eyelid Reconstruction

Corey C. Moore, MD

Course Description: This will include an overview of relevant anatomy of the upper and lower eyelids with emphasis on surgical reconstruction of subtotal and total eyelid defects post oncologic resection. Specific details of each reconstructive technique are given with surgical photographs of procedures.

Learning Objectives: Upon completion of this course, participants should be able to: 1) understand relevant reconstructive issues when dealing with eyelid defects; 2) choose appropriate reconstructive options when faced with different upper and lower eyelid defects; and 3) discuss the nuances of properly executing different eyelid reconstructions.

IC 28 Conquering the Midface: Options, Considerations and Limitations

Edwin F. Williams, III, MD

Course Description: This course is primarily geared to give the attendee a clear understanding of the factors involved with the aging process including Ptosis of the Midface, volume changes and changes in the laxity of the retaining ligaments. To that end, the process of rejuvenation should consider all aspects of this to appropriately rejuvenate a particular patient. Several techniques will be used in a step by step fashion to address the Midface based on ones' particular anatomy and will include a discussion of Lipotransfer, Contour Thread lifting and Subperiosteal Midface and other various techniques. These specific advantages, clinical indications, disadvantages and limitations will be discussed with each technique, with a specific emphasis on how to incorporate this with lower lid blepharoplasty.

Learning Objectives: Upon completion of this course, the participant should: 1) have a clear contemporary understanding of the aging process in the midface and the appropriate techniques for rejuvenation, taking all factors into consideration; and 2) be able to formulate a specific treatment plan given the patient's expectations and particular attribute to each approach taken separately or together.

Friday, September 15, 2006

6:00am-7:00am Breakfast Symposium Sponsored by
Medicis (This is not a CME Activity)

Medicis Aesthetics proudly presents a Breakfast Symposium with live Restylane injections. This workshop will focus on enhancing the aesthetic outcome by focusing on advanced injection techniques, the importance of full facial correction and how to maximize patient comfort and satisfaction.

7:00am-8:00am Business Meeting and Elections
(This is not a CME Activity)

8:00am-9:15am **Panel: Reconstruction of the Midface**
Moderators: Peter D. Costantino, MD and Mark K. Wax, MD
Panelists: Douglas A. Girod, MD; Ralph Gilbert, MD; and Eric Genden, MD

This panel will discuss the patient who presents with a major midface defect. The reconstructive paradigms that are involved and the various methods of reconstruction will be covered. The format will be in a case management style with discussion from the audience encouraged.

9:15am-10:00am **Panel: Perspectives on Academics vs. Private Practice**

Moderator: Ira D. Papel, MD
Panelists: Ted A. Cook, MD and J. Regan Thomas, MD
Many residents and fellows face the question of whether to pursue a career in academic medical centers or enter the private practice of facial plastic surgery. There is no ideal answer to this question, but senior surgeons who have worked in both environments can offer their perspectives on this perennial conundrum. This panel will examine the advantages and disadvantages of academic and private practice experience. Time will be allotted for questions from the audience.

10:00am-10:45am **Break in the Exhibit Hall**

10:45am-11:45am **Panel: Hair Restoration Surgery**

Moderator: Daniel E. Rousso, MD
Panelists: Sheldon S. Kabaker, MD and Jeffrey S. Epstein, MD

This panel will cover the essentials of hair transplantation and the treatment of hair loss for the cosmetic surgeon including a review of the history of hair transplantation, different techniques available, indications for procedures in men and women, and the latest advances in treatment.

11:45am-1:00pm **Jack Anderson Lectureship**
Greg Ruff, MD

1:00pm-2:00pm **Lunch in Exhibit Hall**

1:00pm-2:00pm Luncheon Symposium Sponsored by
Rhytec (This is not a CME Activity)

2:00pm-6:30pm **Intense Learning Sessions (ILS 1-5)**
Four-hour sessions occurring simultaneously

ILS 1 Practice Management in Small, Medium and Large Markets

Paul S. Nassif, MD and William H. Truswell, MD

Course Description: A successful cosmetic facial surgery practice relies on several factors. Marketing is paramount in establishing one's credentials in the public's mind and gaining name recognition and branding. Practice management is what keeps the practice running smoothly and efficiently. Large, medium, and small markets in different socio-economic areas of this country will require different strategies. This learning session will be presented by successful practitioners representing these different markets. They will discuss what they have found to be effective marketing strategies and management tools.

Learning Objectives: At the completion of this workshop, the participant will have an improved understanding of practice management and its variations as applied to small, medium and large market areas.

FRIDAY, September 15, 2006

Fall Fundraiser: *Burn the AAFPRS Mortgage Celebration*

Toronto Hunt Club
(Generously underwritten by Medicis Aesthetics)

Help the AAFPRS celebrate its major accomplishment of paying off their headquarters building in Alexandria, VA. Co-chaired by Dr. and Mrs. David A.F. Ellis, the event, at the prestigious Toronto Hunt Club, promises to be an evening filled with good food, great friends, and memories to last.

All AAFPRS meeting attendees are invited to attend. The cost is \$225 per person. Please use the registration form to reserve your place. Space is limited.

Executive Gala Committee (as of July 6, 2006)

Mr. Stephen C. Duffy
Carla C. Graham, MD
Dr. and Mrs. Sheldon S. Kabaker, MD
Dr. and Mrs. Ira D. Papel, MD
Dr. and Mrs. Thomas Romo, III
Dr. and Mrs. William H. Truswell

ILS 2 Cosmetic Facial Surgery in Asian Patients

Jeffrey M. Ahn, MD and Joseph K. Wong, MD

Course Description: This session will provide in depth information on the growing area of cosmetic surgery for Asian Patients, relevant anatomy, successful techniques and avoidance of complications.

Learning Objectives: Upon completion of this course, the participant should be able to understand: 1) the anatomy, indications and techniques of some of the most popular facial cosmetic surgical procedures that are unique in Asian patients; and 2) the management of potential complications of these procedures.

- | | |
|---------------|--|
| 2:00pm-3:30pm | Facial Skeletal Contouring Surgery |
| 2:00pm-2:15pm | Reshaping of mandibular angle
Jeffrey M. Ahn, MD |
| 2:15pm-2:35pm | New method of Reduction Malarplasty and Reduction Angle of Mandible
Joseph K. Wong, MD |
| 2:35pm-2:50pm | Reduction Angle Mandible with Minimal Invasive Technique
Jinling Lu, MD |
| 2:50pm-3:05pm | Lateral Brow Reduction in Asians
Colin Hong, MD |
| 3:05pm-3:20pm | Premaxillary Contouring
Jung I. Park, MD |
| 3:20pm-3:40pm | Foreheadplasty
Joseph K. Wong, MD |
| 3:40pm-4:10pm | Rhinoplasty |
| 3:40pm-3:55pm | Asian Nasal Tip Rhinoplasty with Onlay Graft
Jeffrey M. Ahn, MD |
| 3:55pm-4:10pm | Comparison Silicone vs ePTFE Alloplastic Implants in Asian Rhinoplasty
Joseph K. Wong, MD |
| 4:10pm-4:30pm | Break |
| 4:30pm-4:45pm | Costal Cartilaginous Autografts in Asian Rhinoplasty
Dean M. Toriumi, MD |
| 4:45pm-5:00pm | Asian Rhinoplasty with Homografts
Yong-Ju Jang, MD |
| 5:00pm-5:15pm | Paranasal Implant in Asian Rhinoplasty
Jeffrey M. Ahn, MD |
| 5:15pm-5:30pm | Augmentation Rhinoplasty – Personal Technique
Chuan-Hsiang Kao, MD |
| 5:30pm-6:30pm | Blepharoplasty |
| 5:30pm-5:45pm | Upper Asian Blepharoplasty: Anatomy, Various Techniques and Epicanthoplasty
Joseph K. Wong, MD |
| 5:45pm-6:00pm | Upper Asian Blepharoplasty – Internal vs. External Technique, Lateral Canthoplasty
Jeffrey M. Ahn, MD |
| 6:00pm-6:15pm | Revision Upper Asian Blepharoplasty with FAM Flap
Joseph K. Wong, MD |
| 6:15pm-6:30pm | Blepharoplasty in South Asians
Yasser Khan, MD |

ILS 3 Upper Lid Blepharoplasty: How I do it and Why?

Moderator: Jonathan M. Sykes, MD

Faculty: Jeffrey M. Ahn, MD; Keith A. LaFerriere, MD; Wayne F. Larrabee, Jr., MD; Norman J. Pastorek, MD; Stephen W. Perkins, MD; and Tom D. Wang, MD

Course Description: Cosmetic blepharoplasty is one the most frequent and successful cosmetic surgical procedures. This course will detail the applied anatomy, various surgical techniques, possible pitfalls and complications, and selective adjunctive procedures relating to successful outcomes in blepharoplasty. Additionally, the important adjacent structures of the peribral complex for the upper eyelid, and the midface for the lower eyelid, will be addressed in detail.

Learning Objectives: Upon completion of this course, the participant should be able to: 1) provide a detailed analysis of the anatomy, diagnosis, in surgical techniques for the upper lower blepharoplasty; and 2) identify surgical pitfalls in possible complications into avoid this.

Topics include:

1. Applied anatomy of upper lower eyelids.
2. Brow and forehead anatomy.
3. Browlift, indications, technique and variations.
4. Upper blepharoplasty, diagnosis and surgical technique.
5. Stylizing the super torso fold.
6. Upper blepharoplasty and torso repair (PTOSIS).
7. Lower blepharoplasty transcutaneous approach.
8. Lower blepharoplasty transconjunctile approach with fat repositioning
9. Lower blepharoplasty eyelid repositioning
10. Blepharoplasty complications.
11. Midface lift anatomy indications technique.

ILS 4 The Latest in Injectables

Corey S. Maas, MD

ILS 5 Midface Rejuvenation

Gregory S. Keller, MD

Course Description: The mid-face and nasolabial fold were areas that responded poorly to facial rejuvenation procedures. In the past two decades, the growing understanding of the anatomy and pathology that produce mid-face aging resulted in new approaches to this area. With the gradual and continuing evolution of techniques to combat mid-face aging, this previously “unconquerable” area has responded to treatment. Technology in the form of new devices and materials has augmented our ability to less invasively treat this area, as well. Wherever possible, videos of procedures will be used.

Learning Objectives: Upon completion of this course, the participant should: 1) have a better understanding of the anatomical changes that occur in mid-face aging; 2) have an exposure to the current methods of treatment to this area; and 3) be better prepared to address the problem of mid-face aging in his/her patients and practice.

Saturday, September 16, 2006

6:30am-7:30am Breakfast Symposium Sponsored by
BioForm, Inc. (This is not a CME Activity)

This symposium addresses the newest techniques using Radiesse™. Data will be presented from the latest clinical studies in the U.S. and in Europe on Nasolabial Folds and HIV Lipoatrophy. At the conclusion of the symposium, participants should understand the various uses and approaches to Radiesse™.

7:30am-5:00pm **AO-ASIF Craniofacial Workshop**
(Not part of the General Session)

7:30am-7:45am Announcements

7:45am-9:30am **Panel: New Technologies**

Moderator: Harry Mittelman, MD

Panelists: Harrison C. Putman, III, MD, Raj Kanodia, MD, Steve Mulholland, MD, Paul J. Carniol, MD, Russell W.H. Kridel, MD, David A.F. Ellis, MD

This panel will provide a balanced discussion of the newest technologies available to facial plastic surgeons. The following topics will be covered: A New RF Device for Tissue Tightening and Volumetric (fat) Reduction – The Accent, Contouring Fillers – Voluma vs. Sculptra vs. Radiesse, Composite Thread Lift – Stealth Lift: Threadlift Assisted S-Procedure, The Titan Experience for Skin Tightening, Thermage vs. Titan and Pixel vs. Fraxel, The Fraxel Experience, Botox vs. Dysport, The Mini Open Thread Lift of the Eyebrows and Cheeks, The Future of Facial Contouring-BioAlcamids: Polyamide and Imides, and Surgiderm vs. Juvéderm vs. Restylane.

9:40am-10:00am FACE TO FACE Update: The Last 5 Years
Minas Constantinides, MD and John M. Hodges, MD

10:00am-10:15am Web site Presentation
Robert Baxter, Surgeons Advisor

10:15am-10:45am **Break with Exhibitors**

10:45am-12:45pm **Emerging Trends in Facial Plastic Surgery**

Moderator: Paul J. Carniol, MD

Panelists: Harry Mittelman, MD; Daniel E. Rouso, MD; Philip Langsdon, MD; Ross A. Clevens, MD; Jaime Garza, MD; Cynthia Boxrud, MD; Sorin Eremia, MD; Marcelo Hochman, MD; Edwin F. Williams, III, MD

This session will cover the most recent surgical trends in facial plastic surgery in two panels exploring various options for minimally invasive lifting procedures, their effectiveness, safety and complications. Minilifts, loop suture lifts, barbed suture lifts, day lifts, necklifts, minimal access cranial suspension, and fat grafts will be presented. Audience will have the opportunity to submit questions for panelists. At the conclusion of the presentations, panelists will be selected at random to sit in the “hot seat” for the “final exam.”

12:45pm-2:00pm **Lunch in the Exhibit Hall**

2:00pm-6:30pm **Intense Learning Sessions (ILS 6-10)**

ILS 6 Perioral Rejuvenation: Lips Only

David A.F. Ellis, MD

Course Description: There are many different treatments for cosmetic lip problems with each giving a different effect on the lips. From surgery to injectables, the participant will be more informed and able to select which technique would be best for their patient. Subnasal lip lift, vermilion advancement, and V-Y advancement will be discussed. Gore-tex, Advanta, and fat augmentation will be discussed. Rhytec and CO2 laser for lip wrinkles will be reviewed. Dr. Ellis will summarize all the surgeries. The best way to use injectable fillers in the lips and corner of the mouth will also be discussed

2:00pm-2:15pm Introduction and Outline

David A.F. Ellis, MD

2:15pm-2:35pm Botox for Peri-Oral Rejuvenation

David A. Sherris, MD

2:35pm-3:05pm Rhytec versus CO2 Laser

Ross A. Clevens, MD

3:05pm-3:25pm Chemical Peels

David A. Sherris, MD

3:25pm-4:05pm Lip Surgery – My Approach

Ross A. Clevens, MD

4:05pm-4:20pm Break

4:20pm-4:40pm Advanta in Lips

William H. Truswell, MD

4:40pm-5:00pm Fat Injections in Lips

David A. Sherris, MD

5:00pm-5:15pm Corner of mouth Surgery

David A. Sherris, MD

5:15pm-5:40pm Review of all Lip Surgeries

David A.F. Ellis, MD

5:40pm-6:10pm Pros, cons, Limitations – Use of
Injectable Fillers in Lips

David A.F. Ellis, MD

6:10pm-6:30pm Questions and Answers

ILS 7 Skin Treatment Update

Paul J. Carniol, MD

Learning Objectives: Upon completion of this course, the participant will have an understanding of techniques for suture lifts, minilifts, advanced usage, complication avoidance and complication management of facial fillers; treatment of pigmentary disorders and photodynamic therapy.

2:00pm-2:10pm Collagen Induction Therapy

Philip J. Miller, MD

2:10pm-2:20pm Sequential Minimally Invasive Procedures
for Optimal Facial Rejuvenation

Monte O. Harris, MD

2:20pm-2:30pm Evaluation of Injectable Vitamin Therapy
for Facial Rejuvenation

Cynthia Boxrud, MD

2:30pm-2:40pm Finesse with Fat Grafts and Fillers for
Facial Augmentation

Paul J. Carniol, MD

2:40pm-3:00pm Endotines for Minimally Invasive Facial
Rejuvenation

William H. Beeson, MD

3:00pm-3:10pm	Treatment of Vascular Lesions and Rosacea Neil Saddick, MD
3:10pm-3:30pm	Photodynamic Therapy: Indications, Technique, Applications, Complications Ranella Hirsh, MD
3:30pm-3:40pm	How to Perform Minilifts: Detailed Technique, Avoidance and Management of Complications
3:40pm-3:50pm	Treatment of Pigmentary Problems in Patients with all Skin Types Elliot Battle, MD
3:50pm-4:00pm	Questions and Answers
4:00pm-4:30pm	Break
4:30pm-4:40pm	How to Perform Minimal Access Cranial Suspension for Facial Rejuvenation Jaime Garza, MD
4:40pm-4:50pm	LED Skin Tightening - Hope or Hype? Ranella Hirsh, MD
4:50pm-5:00pm	Loop Suture Lift: Detailed Technique, Avoidance & Management of Complications Cynthia Boxrud, MD
5:00pm-5:10pm	Mighty "Minilift": Detailed Technique, Avoidance & Management of Complications Harry Mittleman, MD
5:10pm-5:20pm	Transblepharoplasty Browlift: Detailed Technique, Avoidance and Management of Complications Anthony P. Sclafani, MD
5:20pm-5:30pm	Alluma Uses, Limitations, Complications Corey S. Maas, MD
5:30pm-5:40pm	Complications of Hydroxyapatite and Polylactic Acid Fillers Stuart Bentkover, MD
5:40pm-5:50pm	The "Daylift": Detailed Technique, Avoidance & Management of Complications Philip Langsdon, MD
5:50pm-6:00pm	How to Optimize Unipolar Radiofrequency for Skin Tightening Manoj Abraham, MD
6:00pm-6:10pm	Nitrogen Plasma Resurfacing Ross A. Clevens, MD
6:10pm-6:20pm	Nitrogen Plasma vs Carbon Dioxide Laser Resurfacing Stuart Bentkover, MD
6:20pm-6:30pm	Questions and Answers

ILS 8 Rejuvenation of the Lower Face and Neck: The Art of Face Lifting

Director: Stephen W. Perkins, MD

Faculty: Devinder S. Mangat, MD; Edwin F. Williams, III, MD; Gregory S. Keller, MD; Wayne F. Larrabee Jr., MD; and Vito C. Quatela, MD

Course Description: Rejuvenation of the lower two-thirds of the face and neck is often the cornerstone of a successful aging face surgical procedure. In the Intense Learning Session on "The Art of Face Lifting" a variety of techniques will be presented demonstrating how to achieve excellent and consistent results. Particular attention will be paid to how long results are expected to last and areas of relapse or recurrence, such as the jowl, midface, and platysma banding. Differences between the male and the female patient

will be addressed. Finally, the successful management of untoward sequelae and complications will be discussed so that the facelift surgeon can maintain a satisfied patient population. The four-hour session will include up to 2 hours of presentations and a 1-1/2 hour panel discussion with questions and answers.

Learning Objectives: Upon completion of this course, the participant will have: 1) learned a variety of approaches and techniques for rejuvenating the lower two-thirds of the face and neck; 2) learned to analyze each patient, both male and female, to determine preoperatively the degree of surgical intervention that will be required to achieve a satisfying neckline; 3) learned to incorporate techniques in face lifting that improve the midface; 4) learned how to predict which patients will have early relapse and recurrences and how to manage these cases; and 5) reviewed the complications of facial flaps and learn to manage these issues to maintain a satisfied facelift patient population.

ILS 9 Advanced Rhinoplasty

Norman J. Pastorek, MD and Dean M. Toriumi, MD

Course Description: In this course advanced aspects of rhinoplasty will be covered in detail. A wide spectrum of rhinoplasty topics will be covered. These will include endonasal and external rhinoplasty approaches and a full spectrum of clinical problems. The speakers will also discuss their own views on nasal aesthetics. The upper third, middle third and lower third of the nose will be covered in detail. Both primary and secondary rhinoplasty will be covered as well. The contrast between the philosophies of both speakers will be used as a means of enhancing the participants view on his or her rhinoplasty practice. The speakers will present their concepts using concise artwork, pertinent clinical cases and instructive video.

Learning Objectives: Upon completion of this course, the participants should be able to: 1) develop a better understanding of the philosophy of two established rhinoplasty surgeons; and 2) develop a plan for management of a series of common rhinoplasty problems.

ILS 10 The Aging Upper Face

Peter A. Adamson, MD

Course Description: This course will present the surgical anatomy, signs of aging and treatment options for the aging upper face. Surgical procedures covered will include: endoscopic forehead lifting, coronal forehead lift and its modifications, direct brow lifting and its modifications, management of the mid-face, and upper and lower blepharoplasty. Non-surgical treatments discussed will include: Botulinum toxin, filling agents, fat injection, and skin resurfacing. The format will include presentations by recognized leaders in the field, panel discussions of cases, and audience questions and answers.

Learning Objectives: Upon completion of this course, the participant should be able to: 1) understand the complexities of upper face aging and the pertinent anatomy associated with surgical and non-surgical correction; 2) diagnose the signs of aging and select the appropriate surgical and non-surgical interventions to ameliorate the signs of upper face aging; 3) perform the selective surgical or medical procedure(s) safely to obtain satisfying patient results.

Sunday, September 17, 2006

7:30am-7:45am Announcements

7:45am-8:45am **Panel: Ears: Otoplasty, Moh's and Microtia**
 Moderator: Craig S. Murakami, MD
 Panelists: Tom D. Wang, MD and Jonathan M. Sykes, MD
 Reconstruction of the ear defects and congenital deformities can be complex and present surgeons with a wide variety of challenges. The pertinent surgical anatomy will be reviewed and the pearls and pitfalls of reconstruction will be presented by a panel of senior surgeons. How to choose the appropriate reconstructive technique for the given problem will be reviewed and the techniques of skin grafting, cartilage grafting, and surgical flaps will be discussed. Treatment of surgical complications will also be presented. The panel will cover small and large Mohs/traumatic defects, common congenital defects, and microtia surgery.

8:00am-1:00pm **Essentials in Facial Plastic Surgery**
 (Not part of the General Session)
 See schedule on page 13
 Director: Stephen S. Park

8:45am-10:00am **Panel: Forehead Lift Controversies**
 Moderator: Stephen W. Perkins, MD
 Panelists: Peter A. Adamson, MD; J. Regan Thomas, MD; and Philip Langsdon, MD
 Rejuvenation of the brow-forehead complex has undergone more of a dramatic change in approach in the last ten years than most other aging face procedures. Traditional methods of forehead elevation, such as the coronal lift, will be compared with endoscopic forehead lifting. Management of the male patient with a receding hairline as well as women with high hairlines and sloping foreheads will be addressed. New concepts of transblepharoplasty brow-forehead lifting will be introduced. Multiple ways of fixating the brow will be discussed and compared. There will be an emphasis on each presentation showing lasting results. An open panel audience question and answer period will complement the more formal presentations of the faculty.
 Learning Objectives: Upon completion of this course, the participant will: 1) understand the rationale for different approaches to rejuvenation of the eyebrow-forehead complex; 2) have learned about brow fixation techniques; and compare long term results with different techniques.

10:00am-10:45am **Break**

10:45am-11:45am **Panel: Management of The Heavy Neck**

Moderator: Richard D. Gentile, MD
 Panelists: M. Sean Freeman, MD Seth A. Yellin, MD, Donn R. Chatham, MD
 Neck Aging involves a systematic process of loss of tone of elastic fibers, ptosis of the soft tissues of the lower face and neck, fat deposition in the submental and or subplatysmal space as well as volume loss in other subcutaneous cervical soft tissues. Submental and cervical contour rejuvenation addresses the underlying problems of the skin, subcutaneous fat, platysma muscle, subplatysmal fat, submaxillary glands, digastric muscles, thyroid cartilage and hyoid bone. A subset of patients described as "heavy neck" patients may have excessive changes as they age and the heaviness may originate from different causes. These include hereditary predisposition, obesity, and unfavorable anatomical findings. In addition, some younger patients may request aesthetic enhancement of a heavy neck which they find unattractive. This panel of experts will review traditional methods of neck contouring and rejuvenation emphasizing special techniques they utilize to address difficult to contour heavy necks. The techniques described include suture and or sling methods, liposuction techniques, ultrasound, and excision and resection techniques of the submandibular glands, skin and soft tissue and digastric muscles. The panel will also emphasize the evaluation of the difficult to contour neck with emphasis on obtaining a precise anatomic diagnosis followed by an appropriately planned and executed repair.

11:45am-1:00pm **Taped Live Injections: Facial Fillers**
 David A.F. Ellis, MD
 Review of injectable fillers available in the USA.
 Demonstration of using the Restylane family of products in uncommon areas such as ear lobes, DTM (Down Turned Mouth), Naso-jugular groove, Drool groove, pre-jowl sulcus.

1:00pm **Meeting Adjourned**

ESSENTIALS IN FACIAL PLASTIC SURGERY

Sunday, September 17, 2006, 8:00am-1:00pm

Director: Stephen S. Park, MD

8:00am-8:40am Cutaneous Lesions and Flaps
Stephen S. Park, MD

A review of common skin lesions in terms of diagnosis and treatment options. Algorithms for local flap selection and proper design will be covered.

8:40am-9:20am Browlift and Blepharoplasty
Tom D. Wang, MD

Rejuvenation of the aging upper face will include the analysis, indications, and various surgical techniques used.

9:20am-10:00am Syndromes and Congenital Problems
Jonathan M. Sykes, MD

This will include an overview of cranial facial problems such as clefts, microtia, and syndromes involving the face, head, and neck. It covers the heredity, initial team management, and surgical techniques.

10:00am-10:10am Break

10:10am-10:50am Rhinoplasty

Dean M. Toriumi, MD

Cosmetic and functional aspects of rhinoplasty are covered including evaluation, fundamental techniques & complications.

10:50am-11:30am Head and Neck Reconstruction/Facial Paralysis

Terry Day, MD

A review of the major flaps utilized in head and neck reconstruction, including the "nuts & bolts" of myocutaneous and microvascular flaps. This also covers the basic management and rehabilitation of facial paralysis.

11:30am-11:40am Break

11:40am-12:20pm Facelift/Liposuction/Cutaneous Resurfacing
Edward H. Farrior, MD

This will cover the management of the aging lower face with emphasis on patient selection, treatment options, surgical techniques, and complications.

12:20pm-1:00pm Maxillofacial and Soft Tissue Trauma
John L. Frodel, Jr., MD

An overview of soft tissue and facial fractures in terms of their diagnosis and management will be provided.

Organization of Facial Plastic Surgery Assistants**Thursday, September 14, 2006**7:30am-7:45am Welcome and Orientation
Dianne Bourque, RNC, CNOR
OFPSA President
Carley Brennan, OFPSA Vice-President7:45am-8:45am Defining our Future... The OFPSA
Timeline
Dianne Bourque, RNC, CNOR9:00am-9:50am The Oprah Factor...The Media Queen's
Impact on our Practice
Speaker to be determined

10:00am-10:45am Break with Exhibitors

10:45am-11:45am Panel: Fellowship Practices: Providing
Insight into Fellowship Programs, both new
and established. Exploring the value and
identifying the pitfalls.
Moderator: Susan Sullivan, RN, CNOR
Panelists: Keith A. LaFerriere, MD; Beth
A. Stern, Practice Manager; Edwin F.
Williams, III, MD; J. Reagan Thomas, MD

12:15pm-1:00pm John Conley Lectureship (main session)

1:00pm-2:00pm Lunch with Exhibitors

2:00pm-2:30pm Special Needs of the Academic Practice
Steven Mobley, MD and J. David Kriet, MD3:00pm-3:30pm Hybrid Practices: Blending General
Otolaryngology with Facial Plastic Surgery
Christopher J. Tolan, MD

3:30pm-4:30pm Break with Exhibitors

4:30pm-5:20pm OFPSA Business Meeting and Elections

5:30pm-6:20pm Free Choice: Attend any of the Instruction
Courses 21-28

7:00pm-8:00pm Welcome Reception in the Exhibit Hall

Friday, September 15, 2006

6:00am-7:00am Optional: Medicis Breakfast Symposium

8:00am-10:00 Breaking Down Communication Barriers:
Defining your communication style and
those of your staff and patients.

10:00am-10:45am Break with Exhibitors

10:45am-11:45am TBD

11:45am-1:00pm Jack Anderson Lectureship (main session)

1:00pm-2:00pm Lunch with Exhibitors

2:00-2:50pm The SECRET to increasing revenue by
maximizing on non-surgical treatments.
Linda Dalton, RN3:00pm-3:50pm A Roadmap to the Successful Medi-Spa
Regina Simo, Practice Manager4:00pm-4:50pm Roundtable Discussions
Carley Brennan, Practice Manager

4:50pm-5:15pm Drawings and Evaluations

WELCOME RECEPTION

All AAFPRS meeting registrants are invited to attend the Welcome Reception in the Exhibit Hall on Thursday, September 14, 2006 from 7:00pm to 8:00pm. Spouses and guests who are not registered for the meeting can purchase tickets to attend the reception. Please see registration form for fee. (This event is generously funded by Medicis Aesthetics.)

WOMEN IN FACIAL PLASTIC SURGERY LUNCHEON

All women in facial plastic surgery are invited to attend the luncheon on Thursday, September 14, 2006 from 1:00pm to 2:00pm. Please indicate your attendance on the registration form.

PAST PRESIDENTS DINNER

All past presidents are invited to attend the Past Presidents Dinner on Thursday, September 14, 2006 at 8:00pm.

FALL FUNDRAISER

This year's Fall Fundraiser entitled "Burn the AAFPRS Mortgage Celebration" will be held at the Toronto Hunt Club on Friday, September 15, 2006 at 7:30pm. Please see meeting registration form to sign up.

FELLOWSHIP DIRECTORS LUNCHEON

All AAFPRS fellowship directors are invited to attend the luncheon on Saturday, September 16, 2006 from 1:00pm to 2:00pm. Please indicate your attendance on the registration form.

EXHIBITS

Breaks, lunches and the Welcome Reception will be held in the Exhibit Hall. The exhibits are an integral part of your educational process and add value to your overall experience. Help us continue this valued relationship with the exhibitors by supporting the exhibits.

AAFPRS VIDEO LEARNING CENTER

The AAFPRS Foundation's John Dickinson Memorial Library will be present in the Exhibit Hall with over 300 classic and new titles on various facial plastic surgery teachings and demonstrations. The latest titles include rhinoplasty and aging face procedures and are available in VCD and DVD formats.

LifeStyle Lift (TM) is proud to be this meeting's sponsor of the AAFPRS Video Learning Center.

REGISTER ON-LINE
www.aafprs.org

MEETING SITE AND HOTEL ACCOMMODATIONS

Sheraton Centre Toronto Hotel
123 Queen Street, West
Toronto, ON M5H 2M9
Phone (416) 361-1000

Guest room accommodations will be at the Sheraton Centre Toronto Hotel. Please reserve your rooms by August 18, 2006 to receive the special room rate of \$212-\$249 (Canadian). Please visit the official meeting site of the AAO-HNSF to reserve your room today: http://www.entnet.org/annual_meeting Please note that if you are staying at the Sheraton and plan to attend the AAO-HNSF meeting, a shuttle bus service is available to and from the Toronto Convention Center.

MAKE YOUR HOTEL RESERVATIONS NOW!

The Sheraton Centre Toronto is part of AAO-HNS Hotel Block. These rooms will fill quickly and availability is **not** guaranteed.

AAFPRS CONTACT

Ollie Edwards, Manager, Meetings and Exhibits

AAFPRS Foundation

310 S. Henry Street, Alexandria, VA 22314

Phone: (703) 299-9291, ext. 237; Fax: (703) 299-8898

E-mail: info@aafprs.org; Web site: www.aafprs.org

REGISTRATION PAYMENT

Full payment must be made in U.S. funds and must accompany registration. Check or money order must be payable to the AAFPRS Foundation and mailed to: AAFPRS Foundation, P.O. Box 759033, Baltimore, MD 21275-9033. Credit cards payments may be faxed to (703) 299-8898.

REGISTRATION CANCELLATION

Cancellation Policy: Full refunds less a \$75 cancellation fee will be granted upon written request to the AAFPRS Foundation received before August 14, 2006. After this date, **no refunds will be made.**

FALL MEETING 2006 REGISTRATION FORM PART I

TYPE OR PRINT CLEARLY

Last/Family Name (as it will appear on badge)	First Name	MI	Degree

Business Mailing Address

City	State	Zip/Postal Code	Country

Business Phone	Facsimile	E-mail

Last Name of Spouse/Guest (if registering as such)	First Name	MI

Please check here if you are an AAFPRS member whose above contact information is new; we will update our records accordingly.

GENERAL REGISTRATION

See back page for description of registration categories.

General Registration – Includes attendance to the General Sessions, instruction courses and Intense Learning Sessions; Exhibit Hall access; attendance to the Welcome Reception, all lunches and breaks on Thursday, Friday, Saturday, and refreshments on Sunday.

	Pre-registration Before Aug. 14	On-site After Aug. 14
<input type="checkbox"/> AAFPRS Member	\$695	\$795
<input type="checkbox"/> Non-Member Physician	\$1095	\$1295
<input type="checkbox"/> Resident (ACGME Program Only)*	\$395	\$495
<input type="checkbox"/> OFPSA Member	\$250	\$350
<input type="checkbox"/> Allied Health Professionals	\$495	\$595
<input type="checkbox"/> Member in 2006-2007 AAFPRS Fellowship*	n/c	n/c
<input type="checkbox"/> Spouse Guest	\$300	\$300

*Registration must include written verification from program director.

OPTIONAL EVENTS/FUNCTIONS

Some of the functions below have no fees, however, advance registration is required.

	Pre-registration Before Aug. 14	On-site After Aug. 14
<input type="checkbox"/> Welcome Reception (Thurs. evening) (for non-registered spouse/guest only)	\$75	\$100
<input type="checkbox"/> Women in Facial Plastic Surgery Lunch (Thurs.)	No. of tickets: _____	
<input type="checkbox"/> Fall Fundraiser (Friday evening event)	no charge	
<input type="checkbox"/> Fellowship Directors Luncheon (Saturday)	\$225 No. of tickets: _____	
	no charge	

	Residents/ Fellows	All others
<input type="checkbox"/> AO ASIF Craniomaxillofacial Surgery (all day, Saturday, Sept. 16th)	\$50	\$150
<input type="checkbox"/> Essentials in FPS (half-day, Sunday, Sept. 17th)	no charge	
*for non-resident, non-registered physicians		

*To register at the AAFPRS member rate, you must be a member of at least one of IFFPSS societies listed below. Please check your membership:

- American Academy of Facial Plastic and Reconstructive Surgery
- The Australasian Academy of Facial Plastic and Reconstructive Surgery
- Brazilian Academy of Facial Plastic Surgery
- Canadian Academy of Facial Plastic and Reconstructive Surgery
- Colombian Society of Facial Plastic Surgery and Rhinology
- The European Academy of Facial Plastic Surgery
- Mexican Society of Rhinology and Facial Surgery
- I am not an AAFPRS member and want to receive a member application.

Please complete Part II of the Fall Meeting registration form.

**FALL MEETING 2006
REGISTRATION FORM PART II**

Registration Summary
Please write the total amount of all that apply.

General Registration \$ _____
 Essentials in FPS \$ _____
 (for non-resident, non-registered physicians)
 AO ASIF Workshop \$ _____
 Welcome Reception \$ _____
 (for non-registered spouse/guest only)
 Fall Fundraiser \$ _____
 Total Enclosed \$ _____

Meeting Expectations

Please list what you expect to learn from this meeting:

Please provide us with your critical questions regarding some of the topics noted in this program:

Please check here if you have special requirements.

Please indicate here any special dietary restrictions. _____

How did you hear about this meeting?

Journal AD Brochure Mailing
 Internet Repeat Registrant
 Other _____

PAYMENT AND CANCELLATION

Full payment must be made in U.S. funds and must accompany registration. Check or money order must be payable to the AAFPRS Foundation and mailed to: AAFPRS Foundation, P.O. Box 759033, Baltimore, MD 21275-9033. Credit cards payments may be faxed to (703) 299-8898.

Cancellation Policy: Full refunds less a \$75 cancellation fee will be granted upon written request to the AAFPRS Foundation received before August 14, 2006. After this date, **no refunds will be made.**

Check American Express Visa MasterCard Money Order

Card Number

Exp. Date Print Name on Card

Signature of Authorized Card User

Billing Zip Code

GENERAL REGISTRATION

The registration form and fee must be received by the AAFPRS Foundation office by August 14, 2006, in order to qualify for the pre-registration fee. After that date you will be charged the on-site fee. Registration fees for physicians and facial plastic surgery assistants include a badge; on-site program; attendance to the scientific sessions, instruction courses, and Intense Learning Sessions; entrance to the Exhibit Hall; morning and afternoon breaks, lunches; and the Thursday Welcome Reception.

Spouses and Guest fees include a badge; entrance to the Exhibit Hall; morning and afternoon breaks, lunches; and the Welcome Reception on Thursday. Spouses/guests who do not register for the meeting, will be charged \$75 for the Welcome Reception. The spouse/guest fee carries no acknowledgement of course attendance.

REGISTRATION CATEGORIES

PHYSICIANS

Physicians (MDs and DOs) who wish to receive CME credits must register as physicians in the appropriate registration category and designate their medical degree. **AAFPRS members:** Members who meet all membership requirements and have paid their 2005 dues. Physicians who are members of the Societies that comprise The International Federation of Facial Plastic Surgery Societies (IFFPSS) fall under this category. (See registration form for list of societies.)

Non-members: Physicians who are **not** currently members of the AAFPRS or any society affiliated with the IFFPSS. (See registration form for list of societies.)

Residents: Member and non-member residents in training. Verification of residency from program director must be submitted at time of registration.

Fellowship Participants: Fellows participating in an AAFPRS Foundation fellowship program between July 1, 2006 and June 30, 2007.

NON-PHYSICIANS

Spouses and Guests: A spouse, guest, relative or an individual accompanying a registered physician for social and food functions only. Spouses or guests who wish to attend the scientific sessions and courses, should register under the Allied Health Professionals category.

OFPSA Members: Facial plastic surgery assistants who are members of the Organization of Facial Plastic Surgery Assistants (OFPSA) should register under this category.

Allied Health Professionals: Non-MDs and DOs such as medical assistants, office personnel, nurses, aestheticians, and physician assistants, must register under this category to receive a letter of attendance.

AAFPRS Use Only:

Date rec. _____

Check No. _____

CC app. _____

Conf. Date _____

Ref. Date: _____

ABOUT THE AAFPRS

The American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS) was founded in 1964 and represents more than 3,000 facial plastic and reconstructive surgeons throughout the world. The AAFPRS is a National Medical Specialty Society of the American Medical Association (AMA). The AAFPRS holds an official seat in the AMA House of Delegates and on the American College of Surgeons board of governors.

The majority of AAFPRS members and fellows are certified by the American Board of Otolaryngology-Head and Neck Surgery, which includes examination in facial plastic and reconstructive surgery procedures, and the American Board of Facial Plastic and Reconstructive Surgery. Other AAFPRS members are surgeons certified in ophthalmology, plastic surgery, and dermatology.

ABOUT THE AAFPRS FOUNDATION

In 1974, the Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS Foundation) was created to address the medical and scientific issues and challenges which confront facial plastic surgeons. The AAFPRS Foundation established a proactive research program and educational resources for leaders in facial plastic surgery. Through courses, workshops, and other scientific presentations, as well as a highly respected fellowship training program, the AAFPRS Foundation has consistently provided quality educational programs for the dissemination of knowledge and information among facial plastic surgeons.

In the early 1990s, FACE TO FACE humanitarian programs were established so that AAFPRS members could use their skills and share their talent in helping the less fortunate individuals here and abroad.

FACE TO FACE: International brings AAFPRS members to third world countries where they treat children with facial birth defects and anomalies. FACE TO FACE: The National Domestic Violence Project allows AAFPRS members to perform surgery on survivors of domestic abuse who have received injuries to their faces.

The AAFPRS Foundation has developed creative ways to get members to participate in fundraising activities to support all AAFPRS Foundation programs including the humanitarian programs.

MARK YOUR CALENDARS FOR THE AAFPRS 2007 MEETINGS AND COURSES

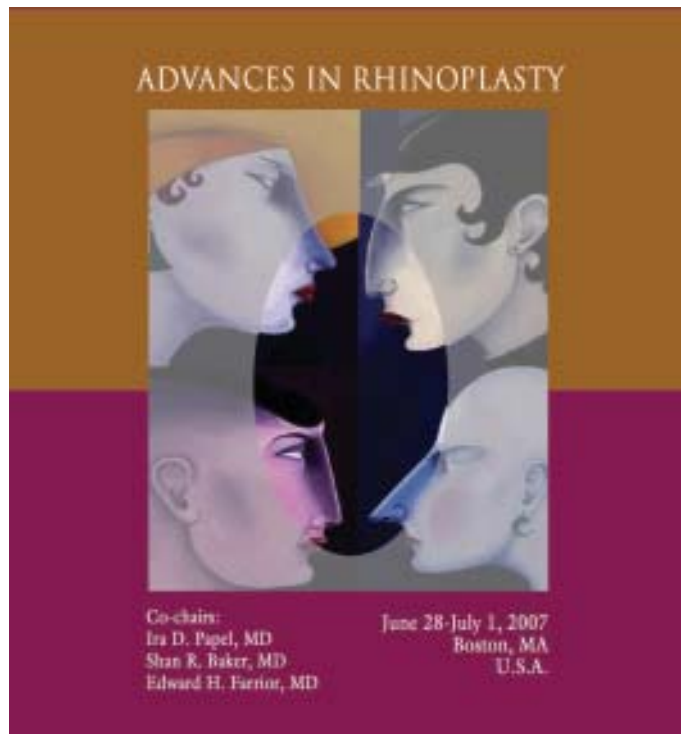


SAVE THE DATE
January 15-19, 2007
Winter Symposium on the Latest Advances in Facial Plastic Surgery

Co-chairs:
William H. Truswell, MD,
David E.E. Holck, MD and
Roberta Sengelmann, MD

Vail Cascades Resort
Vail, Colorado

Co-sponsors: American Academy of Facial Plastic and Reconstructive Surgery
American Society of Ophthalmic Plastic and Reconstructive Surgery
Visit: www.aafprs.org or call the AAFPRS at (703) 299-9291



ADVANCES IN RHINOPLASTY

Co-chairs:
Ira D. Papel, MD
Shan K. Baker, MD
Edward H. Frazier, MD

June 28-July 1, 2007
Boston, MA
U.S.A.



FALL MEETING
at the Nation's Capital
Washington, DC
September 18-21, 2007

Co-chairs
Jonathan M. Sykes, MD
David W. Kim, MD

AAFPRS Fall Meeting

(Preceding the AAO-HNSF Fall Meeting)

Co-chairs: David A.F. Ellis, MD and Minas Constantinides, MD

September 14 - 17, 2006
Toronto, Ontario



310 S. Henry Street
Alexandria, VA 22314
(703) 299-9291

Non-Profit Org.
U.S. Postage
PAID
Permit 3708
Washington, DC